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**GeriPsych
2025**

1st National Conference on Psycho-Gerontology

“Building an Umbrella of Care: Weaving Mental Health & Well-being in Ageing Population”



AIIMS, New Delhi
December 2-4, 2025

Organized by:
**Department of Psychiatry
and Geriatric Medicine
AIIMS, New Delhi**

Platinum Sponsor



About the Conference

The 1st National Conference on Psycho-Gerontology with the theme, **“Building an Umbrella of Care: Weaving Mental Health & Well-being in Ageing Population”** addresses the critical intersection of psychology, mental health and aging. As our population ages, the need for comprehensive mental health care has never been more urgent. This conference brings together experts in geriatric mental health as well as other health professionals treating older adults to explore innovative strategies that promote mental well-being in older adults. Attendees can expect inspiring keynote presentations, interactive workshops, and valuable networking opportunities. We'll delve into topics such as mental health issues, cognitive health, grief and loss, elderly abuse, innovations in psychological management, and the role of community support. By fostering collaboration among healthcare professionals, we aim to enhance the quality of care provided to our aging population.

Join us to share best practices, discover new therapies, and engage in meaningful discussions. Together, we can work towards a future where mental health is prioritized as an essential aspect of holistic care for older adults. This is a unique opportunity to be part of a vital conversation that will shape the future of geriatric mental health.

About the Host and Venue

The Conference is a collaborative academic event organized by the Department of Psychiatry and Geriatric Medicine, AIIMS, New Delhi.

The conference will be held at the JLN Auditorium of the All India Institute of Medical Sciences (AIIMS), New Delhi, which is the largest multi-specialty public hospital and medical college in India. Established in 1956, it has been designated as an Institute of National Importance. In 2025, the institute ranked as the 97th best hospital globally by Newsweek and Statista. It was deemed as the top-most college in India as per the 2024 NIRF ranking.

In 2023, the National Centre for (NCA) was inaugurated at AIIMS, New Delhi. It is a 200-bedded block dedicated to the older adults and it boasts of integrated services (OPD and IPD) from various specialities including Geriatric Medicine, Psychiatry, Clinical Psychology, Surgery, Orthopaedics, Radiology, Surgery, Anaesthesia, Physical Medicine and Rehabilitation, Gynaecology, Neurology and Cardiology. More departments are upcoming. The block also has private rooms, day-care beds, Intensive Care Unit and Operation Theatre services, Physiotherapy Unit along with various other facilities.

Key Focus Areas

- 1. Interdisciplinary Approaches:** Collaboration of healthcare professionals from diverse specialties with mental health professionals to provide comprehensive care
- 2. Innovative Therapies:** Exploring emerging treatments and interventions tailored for older populations, with focus on mental health
- 3. Cultural Competence:** Understanding diverse perspectives on aging and mental health
- 4. Technology and Aging:** Utilizing telehealth and digital tools to improve access to mental health services
- 5. Community Support:** Highlighting the role of social connections and community resources in promoting mental health

Organizing Committee

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Awards and Recognition

- Best Oral Paper (One in each theme)
- Best Poster Presentation (One in each theme)

5A. Themes (including Examples under each theme*)

* Examples are for clarity purposes only and are not exhaustive.

1. Clinical Perspectives on Major Neurocognitive and Psychiatric Disorders

- Diagnostic Challenges for Neurocognitive Disorders in Older Adults
- Psychiatric Disorders in Older Adults: Presentations and Challenges
- Overlap of Physical Illness and Mental Illness in Older Adults
- BPSD (Behavioral and Psychological Symptoms of Dementia): Clinical Features and Management
- Substance Use in the Elderly: Emerging Trends and Clinical Implications
- Suicidality and Self-Harm in Older Adults: Clinical Risk Assessment and Prevention

2. Interface between Physical and Mental Health Issues in Elderly

- Falls, fear of falling and Injury Prevention
- Acute and Chronic Pain and their Management
- Anaesthesia and related complications (e.g., Quality of Life)
- Role of mental illnesses in course and prognosis of physical illnesses
- Psycho-oncology: Research and Clinical Practice
- Parkinson and Mental Health

3. Comprehensive Assessment in Geriatric Mental Health

- Comprehensive Neuropsychological Assessment
- Severity Assessment of Clinical Disorders, Quality of Life and Social Connectedness
- Functional and Daily Living Assessments in Older Adults
- Capacity Assessment and Legal Competency in Ageing Populations
- Disability Assessment
- Culturally Sensitive Assessment Tools

4. Psychosocial Interventions

- Cognitive Stimulation Therapy
- Neurocognitive Rehabilitation
- Reminiscence, and Reality Orientation Therapies
- Mindfulness, Yoga, and Movement-Based Therapies for Mental Health
- Psychotherapeutic Approaches (CBT, IPT) Adapted for Older Adults
- Family Interventions, Marital and Sexual Therapy

5. Combined Psychosocial and Biological Interventions

- Polypharmacy and Compliance Issues
- Newer Advances in Management of Parkinson (e.g., Deep Brain Stimulation)
- Pharmacological Management in Dementia - Recent Advances
- Role of Physical Rehabilitation/Physiotherapy and Quality of Life

6. Psychosocial, Cultural and Family Dynamics

- Sense of Self and Changing Roles in Ageing Population
- Impact of Changing Family Structures on Elder Mental Health
- Intergenerational Relationships and Communication Challenges
- Elder Abuse: Identification, Reporting and Prevention Strategies
- Cultural Beliefs and Stigma Related to Ageing and Mental Illness
- Grief, Loss, and Bereavement in Late Life
- Spirituality and Meaning-Making in Ageing and End-of-Life Contexts
- Caring for Carers

7. Innovations and Technology in Elder Care

- Tele-Mental Health and Virtual Consultations for Older Adults
- Role of Assistive Technologies and Smart Homes for Ageing in Place
- Mobile Applications for Cognitive and Emotional Health Monitoring
- Wearables and Remote Monitoring for Physiological and Psychological Symptoms
- Digital Literacy Programs for Older Adults and Caregivers
- AI and Robotics in Dementia and Elderly Care Settings

8. Psychosocial Rehabilitation and Palliative Care

- Community-Based Rehabilitation for Cognitive, Physical and Psychiatric Disabilities
- Vocational Engagement and Social Inclusion of Older Adults
- Home-Based Mental Health Support Services: Models and Outcomes
- Role of Caregiver Training and Support in Long-Term Care
- Integrating Palliative Psychiatry into Geriatric Services
- End-of-Life Communication, Advance Directives, and Dignified Dying

Call for Abstract(s)

Last Date for Submission of Abstract(s): 30th September 2025

General Guidelines for Abstract Submission

- The conference is open for students pursuing Psychology and related fields, Clinical Psychologists, Psychiatrists, Residents and consultants from Geriatric Medicine field, Practitioners of alternative healing practices such as Yoga and Naturopathy, Nursing Professionals, Spiritual leaders, NGOs, Policy-makers and legal services working with geriatric population.
- The submissions must reach before the deadline and no requests will be entertained beyond that.
- At least one of the authors must be registered for the conference. A Certificate of presentation will be awarded to the registered author(s).
- All submissions must be made through the website. Submissions sent through any other means will NOT be entertained.

Guidelines: Oral/Poster Presentations

- The authors are requested to send abstract of their original papers (not presented or published earlier)
- Time of presentation will be 8 minutes plus two-minutes of question-answers.

The paper must have the following heads:

- Background, Objectives, Methodology, Results and Key findings
- The corresponding author must certify that the paper follows ethical research practices and is plagiarism free (Plagiarism must be less than 8%).
- Once the abstract is shortlisted, the full-length papers are to be sent once notified. The length of the paper should not exceed 2000-3000 words.
- No changes in the paper title, abstract, authorship, nor submitted document can occur AFTER the submission deadline.

Guidelines: Symposium

- The symposium must adhere to one of the themes and sub-themes
- Time allotted to the symposium will be 45 minutes.
- The symposium will have no less than 3 and no more than 5 presenters.
- Sub-titles and abstracts must be submitted for each individual speaker.
- If the authors wish, they can designate a discussant/chairperson for the symposium.

Guidelines: Workshop

- The proposed workshop should be designed in a way to give hands-on experience to the participants.
- It should be falling into one of the themes of the conference.
- The abstract/summary should bring out the need for the workshop, method of conducting the workshop and expected outcome.

(visit : www.geripsych.health to submit your abstract)

Registration and Bank Details

	Early Bird 31 st October 2025)	Till 15 th November 2025	On-Spot (Only cash)
Students*	2500 INR	3000 INR	3500 INR
Professionals	3500 INR	4500 INR	5500 INR
International Delegates/SAARC	5500 INR	7500 INR	9500 INR
Workshop	To be announced (May include additional charges)		

* Students (including UG, PG, DM residents and PhD scholars) must submit their valid student ID cards.



Bank Details:

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Account Number: 37271156160

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IFSC Code: SBIN0001536

Contact Details:

Website: www.geripsych.health
Email: geripsych2025@gmail.com

Organizing Secretary, GeriPsych2025

Dr. Swati Kedia Gupta
Email: swati.nakshatra@gmail.com
Mob: +91 98101 40324

Dr. Preethy Kathiresan
Email: princyaiims@gmail.com

Conference Secretariat

Room No. 4082, 4th Floor, Teaching Block,
Department of Psychiatry, AIIMS, Delhi-29

Organizing Partner



Prasad Psycho Private Limited

B-97, Sector-67, Noida-201 301. U.P.

Web.: www.prasadpsycho.com

For Sponsorship, contact :

Ms. Gurjit Kaur
Mob: +91 9289 112 107

Important Dates:

30th September 2025: Last Date for submission of Abstracts*

31st October 2025: Last Date for Early Bird Registration

**Intimation of acceptance within 2-3 weeks.*